

Week 3: Optimize Your Opportunity

| 1. How would you ideally like to invest your time and energy at work?  |       |
|--|-------|
|  |       |
|  |       |
| 2. Which 3 activities are most fulfilling in your current role?        |       |
|  |       |
|  |       |
| 3. Which 3 activities are most draining in your current role?          |       |
|  |       |
|  |       |
| 4. What do you need to know, be or do to take the next step in your ca | reer? |
|  |       |
|  |       |
|  |       |

Answer the questions below to create a vision for your future.

## 5. How do your Top 10 strengths help you manage your 'lesser' strengths? List your Bottom 5 talents below.

| Theme #30 |
|-----------|
|           |
| Theme #31 |
|           |
| Theme #32 |
|           |
| Theme #33 |
|           |
| Theme #34 |
|           |

| 6. | What are the most valuable insights you've gained about your stre | ngths? |
|----|---|--------|
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
| _  | \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\                            |        |
| 7. | What questions remain as you consider your strengths?             |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |
|    |   |        |