

My Best Year Ever Worksheet

A Vision Board Workshop

My Ideal Outcomes in 2020

Career

Goal _____

Thoughts _____
Feelings _____

Family

Goal _____

Thoughts _____
Feelings _____

Health

Goal _____

Thoughts _____
Feelings _____

Doubt Detox Obstacle/Approach

My Best Year Ever Worksheet

A Vision Board Workshop

My Ideal Outcomes in 2020

Relationships

Goal _____

Thoughts _____
Feelings _____

Spirituality

Goal _____

Thoughts _____
Feelings _____

Wealth

Goal _____

Thoughts _____
Feelings _____

Doubt Detox Obstacle/Approach

